

Halloween at Rexton Elementary

🎃 K-5 students will be celebrating **Halloween** in their classrooms on the afternoon of **Wednesday, October 31st**. There will be no Halloween costume contests, however, students are invited to wear a costume during their class party.



🎃 For safety reasons, do not send your child to school wearing his/her Halloween costume or make-up. Parents are asked to **send costumes that their child can easily put-on and take-off** independently. Students will only be permitted to wear their costumes and/or make-up just before their party on Wednesday, October 31st. All costumes must be kept in a bag, in the child's locker, until just before the class Halloween celebration.

🎃 Rexton Elementary School will be adhering to our regular dismissal schedules on Wednesday, October 31st. Our K-2 students will be dismissed at 1:55 and our grades 3-5 students will be dismissed at 3:10. We strongly **discourage parents/guardians from picking their children up early on Halloween to go trick or treating** because this practice is extremely disruptive to our safe and orderly dismissal procedures.

🎃 New Brunswick's Policy 711 (Nutrition Policy) states that:

"... whereas students in New Brunswick public schools have plenty of opportunity off-school grounds to indulge in foods that have minimum nutritional value, every **effort is to be made to model healthy eating in schools**".

The policy also states that all partners in the school community - **parents, teachers and administrators** - have the responsibility to promote and provide healthier foods in public schools.

For the health AND safety of all of our youngsters, we expect that parents/guardians will not send **cupcakes, candies, chocolate bars and potato chips (or other low nutritional food items as Halloween treats for their child's class)** to school on Halloween. If parents want to send snacks for their child's classroom Halloween party, **please contact the classroom teacher and send healthy options only (such as fruit, vegetables, cheddar, or yogurt)**.

🎃 **LIFE-SAVING REMINDER:** Some of Rexton Elementary's students are allergic to peanuts/nuts. Therefore, we need everyone to be particularly diligent about reading food labels this week and please do not send food that do/may contain nuts.



🎃 In the days/weeks following Halloween, RES student's snacks & lunches will be closely monitored to ensure that our students are not filling-up on non-nutritional food items. For your information, RES students will **only be permitted to eat only two (2) junk food treats per day** (one for morning recess and one at lunchtime) - **soda pop is not allowed at our school or on the buses**. A reminder that according to provincial school bus regulations, children are not permitted to eat food when travelling on provincial school busses. Following these provincial and school healthy eating guidelines will help to ensure that our students will not have upset tummies and that they will be able to **focus on their school work**.

We thank you for your anticipated support and wish you a safe & very happy Halloween!!

Thanking you,

Diane Wilson, Rexton Elementary Principal