

Elementary Menu

2017-2018

daily price list

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sept. 05-08 Sept 18-22 Oct. 02-06 Oct. 16-20 Oct. 30-Nov. 03 Nov. 13-17 Nov. 27-Dec. 01 Dec. 11-15 Jan 08-12 Jan 22-26	Spaghetti with Lean Meat Sauce and Fresh Baked Roll	Pancakes topped with Berries served with sliced Ham	Meatball Sub With Carrot Sticks & Dip	Sliced Baked Ham Potatoes Mixed Vegetables	Chicken Tater Bowl Mashed Potato Corn Chicken & Gravy
	Sept. 11-15 Sept. 25-29 Oct. 09-13 Oct. 23-27 Nov. 6-10 Nov. 20-24 Dec. 04-08 Dec. 18-22 Jan 15-19	Homestyle Lasagna with Caesar Salad	Pancakes topped with Berries served with sliced Ham	Shephard's Pie With Carrots	Chicken Vegetable Noodle Soup & Grill Cheese Sandwich	Sweet & Sour Chicken with Rice and Veggies
	Treat of the day	Apple Slices & Dip 2.50	Cookies .65 Applesauce Brownie 1.00	Frozen Yogurt 1.25	Muffin 1.00 Cinnamon Bun .80	Apple Slices & Dip 2.50

Favourites!

Pizza: Mon, Thur, Fri Garlic Slice Tue, Grilled Cheese, Hamburgers, Chicken Burger, Snack Wraps, Whole Fruit Slush Cups

	Daily Combo's	Chicken Fingers and Baked Potato Wedges \$5.25	Garlic Slice with Caesar Salad \$4.25	Pizza Slice with a Frozen Yogurt and Small Milk \$4.75	Baked Potato Topped with Taco Meat, Cheese with Side Salad \$5.00	Chicken Snack Wrap with Carrots & Dip and Small Milk \$5.00
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Meal Price : \$5.25
Milk is extra

Sandwiches:
Grilled Cheese \$3.00
Chicken Salad Sandwich \$3.50
Egg \$3.25

Drinks:
250ml White Milk \$0.50
250ml Choc Milk \$0.55
Juice Box \$1.25
Bottled Water \$1.50
Yogurt drink \$2.00

Salads:
Caesar Salad \$3.25
Garden Salad \$3.25
Add Chicken to your salad \$1.25

Other
Grilled Chicken Burger \$3.75
Hamburger \$3.75
Cheeseburger \$4.50
Pizza \$3.00
Garlic Slice \$2.75
Chicken Snack Wrap \$3.25
Veggie Snack Wrap \$2.25
Soup \$3.25

Snacks:
Popcorn \$1.25
Veggies and Dip \$1.50
Crackers and Cheese \$1.75
Fresh Fruit \$1.50
Fruit Cup \$2.00
Apple Slices w/Dip \$2.50
Pudding Cup \$1.75
Baked Chips \$1.50
Fruit Slush Cup \$1.25

Pre-order with ease at
www.schoollunchorder.ca

daily price list

Daily Meal Price \$5.25

Milk is extra

Sandwiches:
 Grilled Cheese \$3.25
 Chicken Salad Sandwich \$3.50
 Egg \$3.00

Drinks:
 250ml White Milk \$0.50
 250ml Choc Milk \$0.55
 Juice Box \$1.25
 Bottled Water \$1.50
 Yogurt Drink \$2.00

Salads:
 Caesar Salad \$3.25
 Garden Salad \$3.25
 Add Chicken to your salad \$1.25

Other
 Grilled Chicken Burger \$3.75
 Hamburger \$3.75
 Cheeseburger \$4.50
 Pizza \$3.00
 Garlic Slice \$2.75
 Chicken Snack Wrap \$3.25
 Veggie Snack Wrap \$2.25
 Soup Chicken Noodle \$3.25






Snacks:
 Popcorn \$1.25
 Veggies and Dip \$1.50
 Crackers and Cheese \$1.75
 Fresh Fruit \$1.50
 Fruit Cup \$2.00
 Apple Slices w/Dip \$2.50
 Pudding Cup \$1.75
 Baked Chips \$1.50
 Fruit Slush cup \$1.25

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Week 1

Week 2

Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Feb 6-10 Feb 20-24 Mar 20-24 April 3-7 April 17-21 May 1-5 May 15-19 May 29- June 2 June 12-16	Pulled Pork on a Kaiser with Baked Potato Wedges Or Build your own Burger just the way you like it! 	Soft Beef Tacos with Rice and Corn 	Spaghetti and Meat Sauce with Caesar Salad and Fresh Baked Roll 	Celebrity Chef Meal Pulled Pork Topped Wedges with Spicy Black Bean corn Salsa 6.00 	Pacific Rim Meal Sweet & Sour Chicken With Rice 6.00 
Feb 13-17 Feb 27-Mar 3 Mar 13-17 Mar 27-31 April 10-14 April 24-28 May 8-12 May 22-26 June 5-9 June 19-23	Macaroni and Cheese with Tossed Salad and Garlic Breadstick Or Build your own Burger just the way you like it!	Pancakes Topped with Berries served with Ham	Sliced Baked Ham Potatoes Mixed Vegetables	Celebrity Chef Meal Greek Meatball Gyro With Vegetable Topping and Tzatziki Sauce 6.00	Pacific Rim Meal Sesame Chicken With Rice 6.00
Treat of the Day	Apple Slices & Dip 2.50	Cookie .65 Applesauce 1.50 Brownie 1.50	Frozen Yogurt 1.25	Muffin 1.00 Cinnamon Bun 1.50	Apple Slices & Dip 2.50








New and Your Old Favourites!

Build your own Burger Mon, Celebrity Chef Thur, Pacific Rim Friday Pizza Mon, Thur, Fri, Garlic Fingers Tue



Chicken Fingers and Baked Potato Wedges \$5.25	Garlic Slice with Caesar Salad \$4.25	Hot Italian Meatball Wrap with Side Salad \$5.50	Sloppy Joe Served With Side Salad \$5.25	Homestyle Soup with Grilled Cheese \$5.25
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Seasonal Local Meats and Produce are used in all products.

High School 2017		Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
Week 1	Daily Meal \$6.00 Add 0.50 for white milk	BBQ Chicken Flat Bread with a side Salad	Soft Beef or Chicken Tacos served with Mexican Rice and Corn	Spaghetti With Lean Meat Sauce OR Marinara Sauce, Tossed Salad and Fresh Breadstick	Celebrity Chef Meal Pulled Pork Topped Wedges with Spicy Black Bean corn Salsa	Pacific Rim Meal Vegetable Lo Mein
Week 2		Pulled Pork on a Kaiser with Potato Sticks and Coleslaw	Chicken Fajita on WW Tortilla with Mexican Rice	Homestyle Lasagna with Caesar Salad and Fresh Baked Roll	Celebrity Chef Meal Greek Meatball Gyro With Vegetable Topping and Tzatziki Sauce	Pacific Rim Meal Sweet & Sour Meatballs With Fried Rice
Week 3		Sloppy Joe Served with Tomato and side Salad	Chicken Enchilada Bake with Mexican Rice, and Corn	Chicken Quesadilla With Mexican Rice and Side Salad	Celebrity Chef Meal Grilled Tandoori Chicken Sandwich On a Pita Bread	Pacific Rim Meal Sesame Chicken With Rice
Pasta Meal Served with side salad and Bread Stick		Baked Macaroni and Cheese \$6.00	Spaghetti with Meat Sauce or Marinara Sauce \$6.00	Chicken, Broccoli and Cheese Pasta \$6.00	Beef and Macaroni in Tomato Sauce \$6.00	Chicken Fettucine Alfredo \$6.25
Deli Favourites 		6" Philly Steak Sub \$6.00	Pulled Pork Wrap \$6.00	Teriyaki Chicken Wrap \$6.25	6" Pizza Sub \$4.50	Meatball Wrap \$4.75
		Hamburger Pizza \$3.50	Garlic Round \$4.25	Panzerotti \$5.00	Saucy Chicken Pizzan \$3.50	Donair Pizza \$3.50
Daily Grab & Go		Thai Chicken Wrap \$5.50 Or Build your own Burger just the way you like it!	BLT Wrap \$4.75	Hummus and Veggie Wrap \$4.00	Turkey and Swiss on a Kaiser \$5.25	Ham and Cheddar on a Bagel \$5.00

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