

# Mango Mania

November 21 - 25, 2011

To: All Principals

From November 21<sup>st</sup> to 25<sup>th</sup>, we challenge your school to

***Eat a family meal  
During Mango Mania Week!***

Encourage your students to participate by eating meals  
at the table with their families.

Each teacher is asked to keep track of the class progress.

Send us back the posters by December 5<sup>th</sup>  
for a chance to **WIN** a visit from a  
Mango team member and a healthy snack.

Once completed the posters can be sent to  
**District 16 Office** by December 5<sup>th</sup>  
**Attention: Darlene MacDonald.**

If you have any questions, please contact:

- Renée Murphy – 627-7563
- Jessica Sargent – 627-7562
- Darlene MacDonald – 778-6888

*Mango* is a community-based program of Horizon Health Network.

The program's vision is to make our community  
“the very best” in healthy eating and active living.



Our partner:



*Eat Well ... Be Active!  
Mangez bien ... Bougez!  
Kelulk Mijjuaqan ... Seskuek!*

