

Math

Daily Warm-Up:

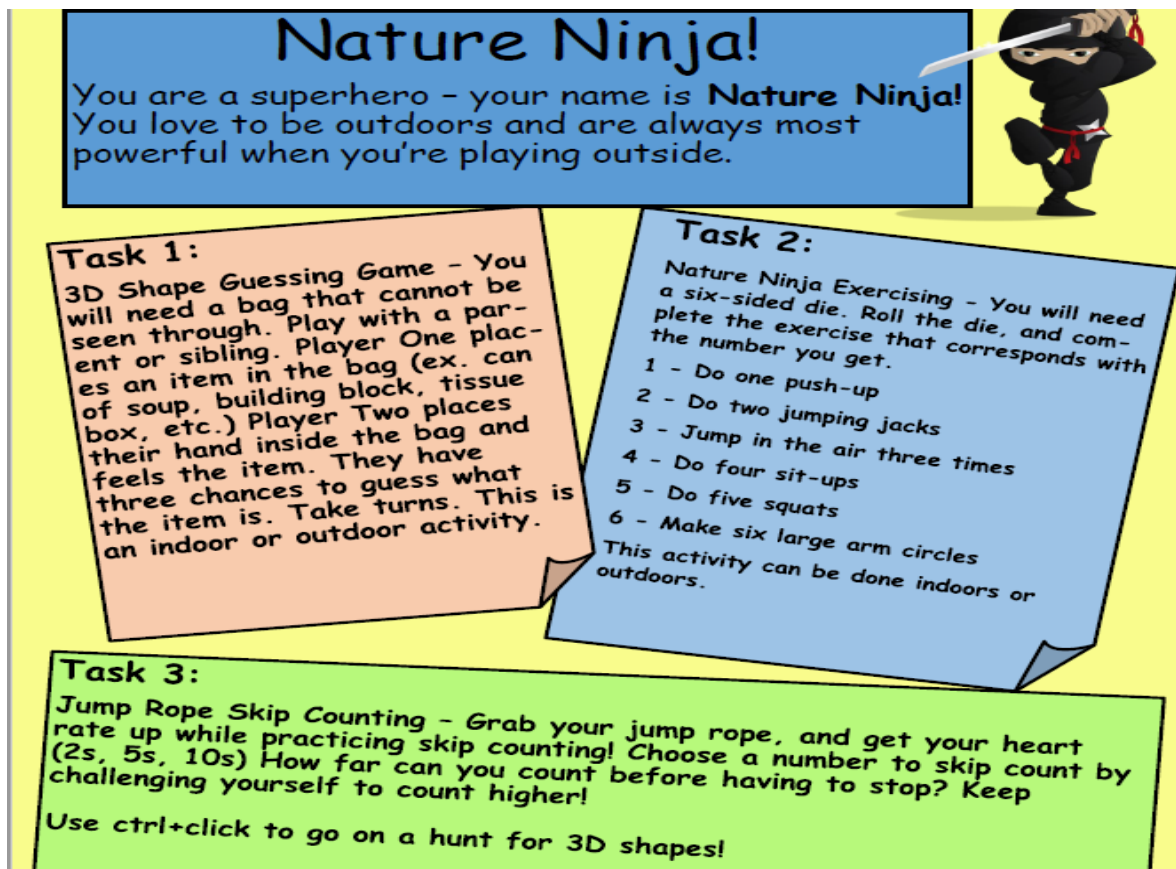
Log-in to your Dreambox account and complete 1 or more games.

OR


With a partner, toss a ball or stuffy back and forth while counting each throw. How high can you count? Try starting at 10 and count backwards.

*Challenge. Start a different counting points (ex: start at 4 and count on)

Choice Activities: Choose 1 activity box per day. Repetition builds mastery! :)



Nature Ninja!
You are a superhero - your name is **Nature Ninja!**
You love to be outdoors and are always most powerful when you're playing outside.



Task 1:
3D Shape Guessing Game - You will need a bag that cannot be seen through. Play with a parent or sibling. Player One places an item in the bag (ex. can of soup, building block, tissue box, etc.) Player Two places their hand inside the bag and feels the item. They have three chances to guess what the item is. Take turns. This is an indoor or outdoor activity.

Task 2:
Nature Ninja Exercising - You will need a six-sided die. Roll the die, and complete the exercise that corresponds with the number you get.

- 1 - Do one push-up
- 2 - Do two jumping jacks
- 3 - Jump in the air three times
- 4 - Do four sit-ups
- 5 - Do five squats
- 6 - Make six large arm circles

This activity can be done indoors or outdoors.

Task 3:
Jump Rope Skip Counting - Grab your jump rope, and get your heart rate up while practicing skip counting! Choose a number to skip count by (2s, 5s, 10s) How far can you count before having to stop? Keep challenging yourself to count higher!
Use ctrl+click to go on a hunt for 3D shapes!

Literacy – BIG IDEA: Practicing my Sight Words

Daily Warm-Up:

Log-in to your Raz Kids account and read at least 5 new books this week.

And

Practice reading and writing your Sight Words

Make Your Own Sight Word Memory Game :)

1. Cut out 26 to 50 pieces of paper, construction paper, bristol board, or cardboard. Make sure that the pieces are all the same size.
2. Write each sight word on two pieces of paper. Use your best printing.
3. When you have printed all 13 Sight Words twice, read them and place them face down on the table. Make sure to mix them up! :)
4. Play with a partner and take turns flipping over 2 cards. If your cards match and you can read them correctly, you get to keep them. If you cannot read them correctly, put them back.
5. Play until all cards are “won”.

*Challenge: Add the days of the week and other words that you find in the books you read. Have fun!

Writing

Draw a picture and write a story about your favourite outdoor activity. Share with your family and/or share a video of you reading your story on the RES Facebook page!

Wellness (Gym/Art/Music) - Choose 1 activity each day. Be sure to add these activities into your time capsule! 😊

<u>Gym</u>	<u>Art</u>	<u>Music</u>	<u>Gym</u>
Move and Freeze Song	Embellishing Nature Visit the following website to find a neat	Name That Tune -Tap or clap out your child's favourite	Play a family game of outdoor hide-and-seek

https://www.youtube.com/watch?v=388Q44ReOWE	art project using twigs and beads! Have Fun! http://mairtownkindy.blogspot.com/2013/09/embellishing-nature.html	nursery rhyme or song. Can they identify it? Now, switch roles.	
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