

## Skipping Rhymes;

Always have permission before going outside. If you do not have a skipping rope you can pretend that you do.

What is the highest number you can jump to?

Can you jump your way through the alphabet?

- I can jump. I can hop. How many jumps before I stop? 1, 2, 3, 4...
- Up, and up. Down, and down. Jump and make the world go 'round! 1, 2, 3, 4...
- Pick a fruit. Pick a veggie. How many picked before I'm ready? 1, 2, 3, 4...
- ABCs and vegetable goop. What letters land in the vegetable soup? A, B, C, D...