## Dear Parents and Guardians of our Grade 4 Scholars



A few things to get you all started: Please remember to check the teacher pages often, (grade level, grade 4) on our school website. Visit rextonelementary.nbed.nb.ca and click on the 'Teacher Pages' tab. Here you will find lessons, links to websites, suggestions for stretch tasks, and some photos of our time together.

Activities and suggestions will be posted every Monday. These activities are to last the entire week. We suggest that you attempt 1.5 hours a day of academic work. Remember, your mental wellness is as important as your academics and this time should be shared between nurturing your body and your mind. We are now in week three of our at home learning.

Our goal starting this week is to attempt 1.5 full hours of academics a day, or 7.5 hours a week. Out of these daily hours you should attempt 20 minutes of sustained reading and 30 minutes of physical activity. We suggest that Dreambox be used at least three times a week for 30 minutes each time. The links for Dreambox, Xtra Math (math fact Practice), Boukili, and Epic Books have been added for your convenience.

"Maltby-Ingersoll, Melanie (ASD-N)" <melanie.maltby-ingersoll@nbed.nb.ca> It is our goal to call each week and check in with our students. In the meantime if you or your children have any questions about their homework, or if they just want to say hi, they are more than welcome to email us at <a href="mailto:tracy.lynds@nbed.nb.ca">tracy.lynds@nbed.nb.ca</a> - 4A or <a href="melanie.maltby-ingersoll@nbed.nb.ca">melanie.maltby-ingersoll@nbed.nb.ca</a> - 4B

Richard.virginia@nbed.nb.ca -Numeracy Lead

Karen.thibeault@nbed.nb.ca -Literacy Lead

Thanks you

Merci

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**Grade 4 Team** 

https://boukili.ca/fr

https://www.getepic.com/sign-in

https://xtramath.org/#/home/index

https://play.dreambox.com/login/knjs/xrzc



