

## Week 3 - April 20 to April 24, 2020

*\*\*Your goal for every day of this week is to read for 30 minutes, do 30 minutes of physical activity, do a mindfulness activity and complete 60 minutes of academic activities ☺☺.*

*\*\*French Immersion (FI) students: Please try to include as much French as possible. Practice is key.*

Option 1	Option 2	Option 3	Option 4	Option 5
<p style="text-align: center;"><b>Reading</b></p> <p>30 minutes daily <b>reading</b> You can read to someone, have someone read to you, or read independently.</p>	<p style="text-align: center;"><b>Reading</b></p> <p>30 minutes daily <b>reading</b> You can read to someone, have someone read to you, or read independently.</p>	<p style="text-align: center;"><b>Reading</b></p> <p>30 minutes daily <b>reading</b> You can read to someone, have someone read to you, or read independently.</p>	<p style="text-align: center;"><b>Reading</b></p> <p>30 minutes daily <b>reading</b> You can read to someone, have someone read to you, or read independently.</p>	<p style="text-align: center;"><b>Reading</b></p> <p>30 minutes daily <b>reading</b> You can read to someone, have someone read to you, or read independently.</p>
<p style="text-align: center;"><b>Physical Activity</b></p> <p>30 minutes daily <b>physical activity</b>. See <b>Wellness Teacher page</b>.</p>	<p style="text-align: center;"><b>Physical Activity</b></p> <p>30 minutes daily <b>physical activity</b>. See <b>Wellness Teacher page</b>.</p>	<p style="text-align: center;"><b>Physical Activity</b></p> <p>30 minutes daily <b>physical activity</b>. See <b>Wellness Teacher page</b>.</p>	<p style="text-align: center;"><b>Physical Activity</b></p> <p>30 minutes daily <b>physical activity</b>. See <b>Wellness Teacher page</b>.</p>	<p style="text-align: center;"><b>Physical Activity</b></p> <p>30 minutes daily <b>physical activity</b>. See <b>Wellness Teacher page</b>.</p>
<p style="text-align: center;"><b>Wellness</b></p> <p>Try one of the <b>wellness activities</b>. See <b>Wellness Teacher Page</b>.</p>	<p style="text-align: center;"><b>Wellness</b></p> <p>Try one of the <b>wellness activities</b>. See <b>Wellness Teacher Page</b>.</p>	<p style="text-align: center;"><b>Wellness</b></p> <p>Try one of the <b>wellness activities</b>. See <b>Wellness Teacher Page</b>.</p>	<p style="text-align: center;"><b>Wellness</b></p> <p>Try one of the <b>wellness activities</b>. See <b>Wellness Teacher Page</b>.</p>	<p style="text-align: center;"><b>Wellness</b></p> <p>Try one of the <b>wellness activities</b>. See <b>Wellness Teacher Page</b>.</p>
<p style="text-align: center;"><b>Academic: Literacy</b></p> <p>Add an entry to your journal. <b>OR</b> <b>Practice Visualizing.</b> Draw a picture of what you saw in your mind as you read today. <b>OR</b> <b>Create a grocery list</b> by asking members of your family what they might need and by looking for what might be needed in your fridge and cupboards and using the grocery weekly flyers.</p>	<p style="text-align: center;"><b>Academic: Math</b></p> <p>Play DreamBox <a href="https://play.dreambox.com/login/knjs/xrzc">https://play.dreambox.com/login/knjs/xrzc</a> <b>OR</b> Play Board Games - Such as Chess, Monopoly, Checkers, Backgammon, Mancala, Battle Ship or Yahtzee. Keeping score will help to develop numeracy skills. <b>OR</b> <b>Solve:</b> Kaya reads 2 chapters of a book each day. How many chapters will she have read in 3 weeks? Show your work. <b>Résous:</b> Kaya lis 2 chapitres d'un roman chaque jour. Combien de chapitre aura-t-elle lu en 3 semaines? Montre ton travail.</p>	<p style="text-align: center;"><b>Academic: Literacy</b></p> <p><b>Interview a family member</b> about their life, about an experience they had or something they know a lot about. Record their main points in note form. Decide how you might share what you learned with others, for example retell to someone else, write a report or create a timeline. Or, you could record your interview to share.</p>	<p style="text-align: center;"><b>Academic: Math</b></p> <p>Practice your multiplication and division facts. Use any of the suggestions below to practice. <b>Or</b> Play Prodigy (see the URL below). <b>AND</b> Play Card Games - Such as Multiplication War, Crazy 8's, Go Fish, Uno, etc. Keeping score will help to develop numeracy skills.</p>	<p style="text-align: center;"><b>Academic: Literacy</b></p> <p><b>OR</b> Email your teacher using <b>your student email</b> <a href="mailto:kim.beers@nbed.nb.ca">kim.beers@nbed.nb.ca</a> or <a href="mailto:kellyann.leonard@nbed.nb.ca">kellyann.leonard@nbed.nb.ca</a> or <a href="mailto:karen.thibeault@nbed.nb.ca">karen.thibeault@nbed.nb.ca</a> <b>OR</b> <b>Practice typing at The Typing Club.</b> See the links below. Make sure you use the link for YOUR class (5A or 5B). <b>OR</b> Play Scrabble or Boggle</p>
<p style="text-align: center;"><b>Academic: Science</b></p> <p style="text-align: center;">Try <b>ONE STEAM activity per week</b>. Please see the choices below. Click on a link to open the document, and the activities will be explained.</p>				

### 30 minutes Daily Reading

Make reading relevant. Explore your child's interests and extend upon their learning. Does your child want to learn a new game, bake, or explore space? There's sure to be a book that can help. Take time to read to or with them and encourage them to read independently. *A simple rule of thumb for helping your child select books at his reading level is to have them choose a page in the book (not the first one) and read it. If he doesn't know five or more of the words, then the book is too hard for pleasure reading.*

- **Reading materials** could include:
  - picture books
  - audio books (use your library card online or Epic Books)
  - flyers
  - comics
  - graphic novels
  - chapter books
  - on-line sources (Epic Books or e-books or audio books borrowed from the NB Public Library)

### Physical Activity

Students are asked to do at least 30 minutes total of physical activity each day. Make physical activity part of your family routine and try to enjoy nature. Be sure to maintain a safe distance from others. You will find all suggestions for physical activities on our **Wellness Teacher Page**.

### Wellness Activities

Make wellness activities part of your child's and your family's daily activities. These activities may be any activities that bring you happiness, joy, or peace. They may include music, art, meditation, baking/cooking or any other activity that allows you enjoy yourself and feel calm and at peace. Spending time by yourself, with loved ones or helping others may also contribute to your wellness. You will find all suggestions for wellness activities on our **Wellness Teacher Page**.

### **Academic: Literacy**

(English Language Arts (ELA) & French Immersion Language Arts (FILA))

- Keep a daily journal of your adventures, thoughts, feelings, and questions.
- Write for practical reasons. This could include grocery lists, phone texts or notes to family and friends or email your teacher ([kim.beers@nbed.nb.ca](mailto:kim.beers@nbed.nb.ca) or [kellyann.leonard@nbed.nb.ca](mailto:kellyann.leonard@nbed.nb.ca) ).
- Create as many words as you can that have a common pattern. For example: How many words can you make that end the same. (ELA : -ow, -ing, -ate, -ough, etc.) (FILA : -ot, euil, -eil, -in, etc.).
- Think about the people in your neighbourhood and what kind of supportive messages they might need to hear. Decide on a message or image that you could draw with chalk on the sidewalk or post on your window or door.
- Practice Visualizing. Draw a picture of what you saw in your mind as you read today.
- Interview a family member about their life, about an experience they had or something they know a lot about. Record their main points in note form. Decide how you might share what you learned with others, for example retell to someone else, write a report or create a timeline. Or, you could record your interview to share.
- Create a grocery list by asking members of your family what they might need and by looking for what might be needed in your fridge and cupboards.
- Read a book with someone else. Each person takes a part such as the narrator or a character. Practice reading with expression as that character. If you have an audience, you can perform this reading together for someone else—in your home, create a video or perform live via a phone or device.

### **Academic: Math**

An important skill in Grade 5 is knowing your multiplication and division facts to 81 with automaticity. Here are some ideas to help you practice them:

- Use flash cards (you can make your own with cereal boxes or any cardboard packaging you have at home)
- Play concentration/memory/matching game (make your own cards using cereal boxes or any cardboard packaging you have at home – write a fact (multiplication or division) on one card and the answer (product or quotient) on the another card – those are the 2 cards you will have to match)
- Make up your own daily practice sheets and weekly quizzes
- Play multiplication war
- Random pick a multiplication and draw the corresponding array
- Make arrays with objects in your house
- Find arrays in your house (rows of cookies in a package, drawers in a dresser, windows etc.)

**High Tech Activities:**

- Play DreamBox, Prodigy or try some of the other sites found below

**No Tech Activities:**

- Card Games - Such as War, Multiplication War, Crazy 8's, Go Fish, Uno, etc. Keeping score will help to develop numeracy skills.
- Board Games - Such as Monopoly, Checkers, Snakes n' Ladders, Trouble and Yahtzee. Keeping score will help to develop numeracy skills.

**Academic: Science**

Weekly **STEAM** (Science, Technology, Engineering, Arts, Math ) activities  
 Activités **STIAM** (Science, Technologie, Ingénierie, Arts, Math) hebdomadaire

The Anglophone School District North (**ASD-N**) is creating **STEAM** learning activities to offer students engaging learning activities. These activities are available in English and in French (**FI** students are encouraged to do as much work as possible in French). Each chosen topic offers activities at different levels. Chose the one that works best for you.

**Before you begin...**

Journaling is a very important part of investigation in Science and STEAM. We encourage you to keep a journal each week of your investigations. Here are a couple sites to help: K-5: [Be a Field Scientist!](#) 6-8: [How to Keep a Science Journal](#)

**Ready to start...**

**CHOOSE ONE** activity and click on the link to open it (press the CTRL key and click on it at the same time to open the PDF).

	Date	English	Français
3	April 13 <sup>th</sup> , 2020	<a href="#">ASD-N Weekly STEAM Issue 3</a>	<a href="#">ASD-N STIAM hebdomadaire 3</a>
2	April 6 <sup>th</sup> , 2020	<a href="#">ASD-N Weekly STEAM Issue 2</a>	<a href="#">ASD-N STIAM hebdomadaire 2</a>
1	March 30 <sup>th</sup> , 2020	<a href="#">ASD-N Weekly STEAM Issue 1</a>	<a href="#">ASD-N STIAM hebdomadaire 1</a>

## Websites & Additional activities

The following sites offer age appropriate material for our K-5 students. **Please note**, though they offer great opportunity to read and explore personal interests, research recommends limited use of screen time each day.

*“The American Health Association recommends parents limit screen time for kids to a maximum of just two hours per day.”*

<https://www.cbc.ca/kidsnews/>

<https://www.tumblebooks.com/>

**Username:** nblib **Password:** nbschools

<https://www.raz-kids.com/>

<http://buildyourbestday.participaction.com/en-ca/>

<https://www.getepic.com/>

<https://www.coolmath4kids.com/math-games/grand-prix-multiplication>

<https://www.prodigygame.com/>

<https://play.dreambox.com/login/knjs/xrzc>

<https://asd-n-rexton-elementary-school.typingclub.com> for Mme Leonard’s class

<https://asd-n-rextonelementary5a.typingclub.com> for Ms. Beers’ class

[www.office.com](http://www.office.com) to login to student NBSS email

### **Lecture/activités en français**

<https://mazonecec.com/application/bookshelf>

<https://www.iletaitunehistoire.com/>

<http://ebookkids.com/fr/livres-enfants/>

<http://www.learnalberta.ca/content/flbla/>

<https://www.onf.ca/selection/les-petits-conteurs/>