

					
<b>Wellness</b>	Create a hopscotch grid in the dirt or with sidewalk chalk and play the game.	Try Meditating- Find a quiet spot, sit criss cross apple sauce with a straight back, put your hands on your knees, close your eyes, focus on your breathing, do this for 5 mins at least.	Picnic (outdoors if weather permits) and make your own lunch.	Outdoor play.	Draw picture or create a craft about Springtime.
<b>Academic</b>	<u>Writing Part 1:</u> Write a definition for the word <i>ruffleklump</i> and then use it in a sentence. (This is a silly word I made up. You get to choose the definition!)	<u>Math:</u> Board Games - Such as Monopoly, Checkers, Snakes n' Ladders, Trouble and Yahtzee. Keeping score will help to develop numeracy skills.  *Basic facts (addition, subtractions, multiplication, division). -See table for reference (PDF).	<u>Reading (20 minutes):</u> Reading in French for Immersion students if possible.  *Boukili.ca (online French books).  Reading in English for 4A. Check out Epic Books: Classroom code yqr8721  <u>Writing Part 2:</u> Write a journal. Tell me what your favourite food is and why you like it so much?	<u>Oral:</u> Call an elder in your family or community and have a conversation (French for Immersion students 😊). Conversation starter: 1) What have you been up to? 2) What book have you been reading lately? 3) What was your favourite game when you were a kid? 4) What is your favourite treat? 5) Etc. <u>Word work:</u> -Junior Scrabble/ Scrabble/ Boggle -Headbands	<u>Math:</u> Dreambox (if possible) or card games, such as addition war, crazy-8, etc.  *You can also use dice for different games. See PDF for examples.

## Activities for this week (April 13<sup>th</sup>-17<sup>th</sup>)

**\*\*Goal for this week: 1 hour a day: 30 minutes wellness and 30 minutes academic. Don't forget to include your daily 20-30 minutes of sustained reading 😊.**

**\*\*You can switch activities to better fit your schedule.**

**\*\*French Immersion students: Please try to include as much French as possible. Practice is key.**

Grade 4 team 😊